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How well do we sleep?... P8



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Chandrababu merging TDP into BJP?



Babu dictating terms to BJP in both Andhra & Telangana

By Our Political Correspondent

Is Telugu Desam Party (TDP) president Chandrababu Naidu going to merge his party into the resurgent Bharatiya Janata Party? This question may sound absurd to those who follow politics in Andhra Pradesh. The first question that crops up is: why should Chandrababu Naidu, who ruled the State for nine full years as chief minister and who continues to be the undisputed king of TDP, think of merging his party with strong base in both regions of Seemandhra and Telangana into the BJP.

Moreover, why would Chandra Babu Naidu (CBN) who is on a comeback trail in Seemandhra, thanks to the large-scale defections from the Congress and not so bad either in Telangana prefer to join the BJP bandwagon, which hasn't established any major presence in either of the regions. So, for anyone, the question of Chandra Babu Naidu merging his party that ruled the state for seventeen years with a traditional vote share of 30% plus with the BJP definitely appears a far-fetched idea. But the fact is otherwise. Those, who are closely watching the activities of Chandrababu Naidu for the last few weeks, would probably realize that he has been taking extra care and interest in BJP's internal affairs, rather than strengthening his own TDP.

After strenuous efforts at cultivating relations with the BJP top brass, BJP national president Rajnath Singh, Arun Jaitley, besides its prime ministerial candidate Narendra Modi, ever since his anointment as the chief campaigner for the general elections,



Naidu has been struggling to make himself more and more acceptable to the Sangh Pariwar. In fact, CBN who demanded the dismissal of Narendra Modi as the CM of Gujarat in the wake of Godhra happenings, now entertains no pretensions about abandoning secularism just to ensure his political survival.

In fact, Chandra Babu began his journey months ago to meet the likes of all those who were part of the then NDA under Vajpayee working hard to win over them to Modi's side now. Notwithstanding poor response from several egoistic elements like Jayalalitha-Mamatha Banerjee-Nitish Kumar who all have outgrown since the times of Vajpayee; Chandrababu has been relentlessly pursuing his single agenda of uniting all anti-congress forces in the country.

tamasha.

Chandra Babu Naidu deciding BJP candidates:

Again, this may sound as an exaggeration. But Chandrababu Naidu these days is spending more time on scrutinizing the list of BJP for the Lok Sabha and Assembly seats. On the pretext of checking the background of BJP candidates who will have to work with his nominees, Naidu is seeking details of the saffron party candidates. Naidu is also raising objections to the choice of BJP candidates in some seats. For instance, he objected to the BJP's decision to seek assembly seats like Jadcherla, Narayanpet and Maktal candidates where senior leader Nagam Janardhan Reddy is seeking to contest as a MP candidate from Mahabubnagar Lok Sabha seat. Naidu's argument is that Nagam's choice of candidates for the assembly seats falling under the Mahabubnagar Parliamentary seat is not politically sound and the winning chances would not be that bright. Naidu ignored the fact that Nagam during his student days has closer contacts with saffron camp. Naidu's over-indulgence may affect the BJP's district president Rajender Reddy from being denied a ticket from Narayanpet.

TDP president is also known to be opposing the choice of BJP's potential candidate Muralidhar Rao, party general secretary, from Karimnagar Lok Sabha seat. Naidu told the BJP national leaders that Muralidhar Rao is not popular in the constituency. Moreover, Chandrababu has been suggesting the name of former union minister Ch Vidyasagar Rao for this seat.





Muralidhar Rao, a soft spoken party stalwart who came to know of this information, was quite upset with Chandrababu's over indulgence in the internal affairs of the saffron party and has even complained against him with the BJP national leadership. But, BJP national leaders are helpless as Naidu is armed with various survey reports conducted by his TDP and other agencies. These reports have added pressure on the BJP leaders. However, it appears that Muralidhar Rao has emerged successful in clinching the Karimnagar LS seat.

Kishan Reddy comes out sulking

BJP's Telangana unit president G

Kishan Reddy is dead opposed to his party sailing with TDP in the elections. According to reliable sources, Kishan Reddy, who represents Amberpet Assembly seat has been wanting to contest from Secunderbad Lok Sabha seat. Sensing Kishan's elevated confidence levels, the TDP boss is known to have got the whole thing investigated by his trusted elements in the media and former IB cops who work on payment basis.

According to reliable sources, Chandrababu Naidu is extremely suspicious of Kishan Reddy's relationship with former Karnataka minister Gali Janardhan Reddy. Sources confirm that the investigation done by



Chandra Babu has certain startling facts emerging. Ever since, the OMC mining days, Gali has become extremely pally with Kishan Reddy. It is still widely rumoured that Late YSR ensured the victory of Kishan Reddy from Amberpet by going all out. Now Gali who is supposed to be close to YSRCP president Jagan is once again planning to benefit Kishan Reddy. This time, the game plan is to enable Kishan Reddy to win the Secunderabad Lok Sabha seat by hook or crook. For this, a repeat of the same formula is being worked out it seems. The YSRCP is almost certain to nominate an influential and respected Muslim nominee from the Secunderabad seat. It seems this is a well knit strategy to garner respectable share of votes that

otherwise would be going to the congress candidate Anjan Kumar Yadav. In fact, it's a boon for the BJP to bag one more seat in the Telangana state. But Chandrababu is known to be dead against Kishan Reddy for his nexus with Gali and through him YS Jagan. By seeking to expose all this, Chandrababu is desperate to ensure that Bandaru Dattatreya or K Laxman get the Secunderabad LS seat.

Probably realizing all this, Kishan Reddy too has been quick to reject any alliance with the TDP in Telangana and has been vehemently opposing any truck with Chandra Babu's TDP. As if guided by extra-terrestrial knowledge Kishan Reddy has been smartly suggesting

A Thank You from the bottom of Our hearts!!

We take great pleasure in welcoming the passing of Andhra Pradesh State Reorganisation Bill - 2014 by our Parliament and completing the required constitutional process for formation of Telangana State.

It is a fateful moment for us in Telangana, and for the rest of our fellow brothers and sisters in India who have taken part in making our long cherished dream come true.

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a seat sharing alliance with the TRS. That way the whole scenario would be "one shot - two birds". By ditching TDP; the BJP can woo the TRS in Telangana and the YSRCP in Seemandhra. But Chandra Babu Naidu has been smart enough to expose the developing scenario to the top guns in the BJP.

According to reliable sources; a few days ago, Kishan Reddy desperately pleaded before BJP national president Rajnath Singh not to have any truck with TDP as it would spell doom for the party in both Telangana and Seemandhra. Kishan Reddy even mentioned Seemandhra unit president K Haribabu and party senior leader M Venkaiah Naidu names to support his argument. But, Rajnath Singh is understood to have told Kishan Reddy that the BJP badly needs Chandrababu Naidu at a post poll stage as it requires the former chief minister's manipulative skills to pool up secular parties after the elections, if NDA indeed falls short of numbers. "Winning is important for us and Modi should become PM at any cost. So, Babu could be useful to us," is what Rajnath told Kishan, sources with the BJP say. This gentle assertion of Rajnath Singh was although shocking to Kishan Reddy and other seniors in Telangana; it was a sort of pain in the neck for senior party

veteran Venkaiah Naidu, who probably never imagined Chandrababu's penchant for survival. It is to be seen to what extent Venkaiah will be able to get his chela Kishan cleared for Secunderabad LS seat.

Chandra Babu set to merge his party into BJP:

The extra closeness between TDP president and the BJP leadership has surprised even the insiders in the saffron party. Former BJP National President Venkaiah Naidu, who was till recently accused of preventing growth of BJP just to ensure the survival of the TDP in Andhra Pradesh, too is not happy with CBN's increasing role in the BJP. That's why; Venkaiah has been using his Man Friday Kishan Reddy to oppose Naidu before the national leaders.

But, there are signs that CBN may come even more closer to the BJP top brass in the days to come. As the TDP is set to put up a good show in the Seemandhra and emerge as a significant force even in Telangana, it could naturally emerge as a significant party in the two states which would eventually lead to conversion of TDP into a national party. Being the leader of a deemed national party with presence in two states that account for

42 Lok Sabha seats, Chandra Babu Naidu who already served as the state chief minister of an undivided AP state may merge his party with the BJP and aspire to become an important national leader.

If Chandrababu joins BJP, he may negotiate for a plum portfolio like the Union Finance Minister or Union Home Minister or a place in the South block offices like the Union External Affairs Ministry or even the high profile Defense ministry in the Narendra Modi government. Chandrababu can appoint his son Lokesh either as the chief minister of Seemandhra or if the party fails to get majority; the party president of the Seemandhra state. CB Naidu knows well that TDP with a meager amount of seats in the Lok Sabha cannot bargain for a bigger role at the national level in future.

Darling of Corporate companies:

Sources inform DECCAN POST that even BJP leadership too is finding Chandrababu Naidu attractive than Venkaiah Naidu. Babu enjoys the support of many big business houses like the Ambanis, GMR Group, GVK Group and dozens of other infrastructure giants owned by his party MPs. Whereas Venkaiah's

influence doesn't extend beyond some automobile dealers or restaurant owners. As BJP wants to perpetuate its rule in the country well beyond 2019, when Congress leader Rahul Gandhi may emerge as a formidable challenger to it, its leaders prefer Chandrababu Naidu to be with them. Just as BJP has decided to take along outsiders like Gali Janardhan Reddy and B Sreeramulu for its growth, in AP too, the party may induct Chandrababu Naidu. This may consolidate the BJP's presence in residuary Andhra Pradesh and Telangana as well. Even an ambitious Chandrababu too can hope to play a bigger role on a larger canvas and become a national leader of respectable stature.

When a few days are left for filing nominations for both Assembly and Lok Sabha seats; both the BJP and the TDP candidates in the Telangana are hoping for a miracle to ensure that good sense prevails on their respective leaderships to complete the task of seat sharing and start working to give both congress party and the TRS a run for the money. Will the BJP local leaders show their resolve and stand firm or will as usual buckle under the pressure tactics of wily politician who is all set to merge his party into the BJP? ♦

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Kavuri Sambasiva Rao must be kicked out from the central cabinet

By Shivkant Bichkunda

It appears Kavuri Sambasiva Rao, the disgraced contractor turned politician who claims to have resigned as the Union Textile Minister in the UPA-II government appears to be acting too smart to fool the people of the state as well as the nation. Kavuri seems to use the habit of fooling people as and when it suits him. He raised a banner of protests whenever he failed to get a berth in the union cabinet. His outbursts at such times were typical of his greed for power and frustration about being kept ignored. The last time was in 2012 October, when Kavuri was not considered for a berth in the union cabinet he went hammer and tongs against the congress leadership and threatened to start an agitation against the bifurcation of the Andhra Pradesh state.

Kavuri, who was upset with the congress party when a reshuffle took place in the union cabinet, warned the congress high command and took up few fake movements in the name of Samaikyandhra Pradesh and once he got a berth in the union cabinet he stopped all his monkey gimmicks. Kavuri, a senior congress parliamentarian has little reason to blame the union government as well as the congress

party high command for the state division. He was very much informed about the party decision to form the state of Telangana and only if he abides by the decision of the CWC he should continue in the party. But after agreeing to all the conditions, Kavuri showed his true colours on the issue pertaining to the statehood to Telangana.

Nobody knows what is the contribution of Kavuri to the government, his own congress party and the people of the state. It is a well known fact that Kavuri used the Congress party for several of his civil contracts works and made a lot of money. He could undertake huge projects throughout many states only because of his being a member of the congress party. His desperation to join TDP shows his hunger for being in power at any cost. He is forgetting that traitors are getting exposed very soon these days. As the opinion polls predicting that TDP has an edge in the Seemandhra (residuary state of Andhra Pradesh) he wants to join it and remain in power but it appears Chandra Babu Naidu is in no mood to induct him into his party.

It is pertinent to mention here that many leaders from Seemandhra like



Kavuri have blamed Chandrababu Naidu and his TDP for the bifurcation of the state. They cried foul over the letter given by the TDP in favour of the separate state of Telangana. Kavuri alleged BJP is also trying to divide the state for its own interests and never missed any opportunity to criticize any leader be it from Congress, BJP, TDP or YSR Congress party led by YS Jagan Mohan Reddy.

The people of the state are feeling

ashamed of the shameless acts of Kavuri and he still believes that he can fool the people again and again like he did in the past. No political platform is ready to accept this highly discredited politician who claims seniority after failing to do anything worthy to his own constituency people in past years. Interestingly, people are advising him to join the Jai Samaikyandhra Pradesh party led by former chief minister Nallari Kiran Kumar Reddy which is full of political crooks and buffoons.

Its time for graceful exit for people like Kavuri or else the saying "one should not try his luck too far" may come true in his case. Undoubtedly Kavuri is known to be caused a huge loss to scheduled banks in the name of settling hundreds of crores as One time settlement. Similarly, since he has squandered all the good will as a politician, it is better he settles for something of a OTS in political parlance i.e. settling his political deficit account by quitting politics for good. Else, he will have to cough all the losses accrued by the banks in the name of illegal OTSs enjoyed by him using his political clout. ♦

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Is KCR busy day dreaming?

The maverick Kalvakuntla Chandrashekhar Rao (KCR) is said to be turning into a very unpredictable personality and that too with a dictatorial style of functioning. The way TRS which started in the year 2001 has been a fascinating drama company rather than an organization that agitates.

Strangely and pathetically KCR waived of several opportunities to speak on the floor of Parliament on issues pertaining to statehood to Telangana since 2004. The TRS party leaders feel proud and opine that KCR is a magician with the words but fail to talk when asked about his concerns over public issues and grievances in parliament? Why he keeps silence most of the times? Why does he keep quiet when allegations of collecting mammoos from the industries, schools, medical, engineering colleges, institutions and organizations owned and run by people from Andhra are made? Why has he been selecting only financially sound candidates to contest in elections? How come he nominated 30 candidates of Velama and Reddy community for assembly out of 55 general seats announced so far?



More interestingly, KCR talks about reconstruction and development of Telangana state and seeking vote as if he himself pressed the congress party and

UPA government to grant statehood for Telangana. He must remember that his own party colleague Vijaya Shanti went away from his party due to the reasons best known to both of them. It also must be remembered that how BJP veteran Ale Narendra had been sidelined by KCR. One more victim is said to be in the form of Vijaya Rama Rao who was said to be a close friend of KCR and who left the TRS and joined congress party. Furthermore, KCR must remember why Kapilvai Dileep Kumar has chose to join TRLD. Continuing the trend why Rahman Khan of Hyderabad has left the TRS and joined YSRCP after being financially abused and thrown out.

KCR wants to become the first ever chief minister of the Telangana state. Nobody has any problem with his ambitions but he must not forget his promises and commitments committed to the innocent people of this 29th state of the country where more than 1,200 brave hearts have sacrificed their lives for achieving Telangana state.

On the other hand, TJAC convener Prof Kodandaram is now left with no politics

to play and had been used smartly by KCR and dumped off. KCR has encouraged Swamy Goud and made him MLC and now gave ticket to Srinivas Goud to contest from Mahaboobnagar Assembly segment. Poor professor is left with no lieutenants. He appears to be trapped in his own trap as he never allowed other parties other than TRS to drive the TJAC.

Now with the general elections fast approaching, KCR seems to be day dreaming of becoming the Chief Minister but political pundits are of the opinion that his party will not get more than 35 out of 119 assembly seats and not more than 4 out of 17 parliament seats and can never form government on its own and again had to beg parties like Congress, BJP, MIM and CPI to take the reigns in its hands. On the other hand, congress is not going to forgive and forget his betrayal and teach him a fitting lesson once it gets an opportunity. TRS is no more a party of the agitators; ever since KCR declared it as a pure political party. Beware and be alert KCR. ♦

- Shivkant Bichkunda

Good Job. Keep it Up

Governor ESL Narasimhan has done a good job by cancelling the Post-Graduate Medical Entrance Test (PGMCET) of the NTR University of Health Sciences after large-scale irregularities, fraud and high-tech cheating by a well-knit inter-state racket with strong political connections came to light.

Yes, the Governor's decision may have come as a blow to around 15,000 candidates who appeared for the test held on March 2. Most of them must have prepared for months on for this examination, which is a gateway to their post-graduation in medicine. But, the decision was inevitable. The Governor had no other option after it was found that there were large-scale discrepancies in the entire process.

The operations of the mafia, which resorted to the irregularities, look like a sci-fi film. They hatched conspiracy to secure ranks to the undeserving students through high-tech malpractices. The fraud has been planned right from conducting of the test to the awarding of ranks. Now, it is clear that this fraud couldn't have happened without the support of some officials of the NTR health varsity.

The Governor has taken the decision after analyzing the report submitted by the additional director general of CID which probed the scam and ar-



rested 16 culprits during the last one month. The CID cops, who have unearthed bulk of evidence against the gang, have arrived at the conclusion that there were multiple players and big money in the scam.

It is understandable that the decision to scrap the whole test is a disappointment to thousands of students who worked hard and took the exam sincerely. We can understand the com-

petition as around 15,000 candidates have appeared for a limited number of 2,240 PG medical seats in the State. Now, the test would be conducted all over again.

It also pertinent to note that the innocent students had paid a heavy price for the inefficiency and the incompetence of the NTR health university officials and the cops. This very gang was found to have committed similar mal-

practices in the PG medical entrance tests last year also.

The kingpin of the gang, one Gurivi Reddy was found to have been backed by some politicians close to the powers that be. The accused openly canvassed about his ability to leak the paper and appointed middlemen to execute his plans. He engaged the services of several persons, right from the consultancy people to academicians to defraud.

The basis for this scam stems from the fact that there is a scarcity of PG medical seats in our state. There has been huge demand for the seats, with pay-offs ranging from Rs 1 crore to Rs 1.5 crore for some super specialty courses. Unless a one has PG course, one MBBS would be of no avail and one cannot find a decent placement in the job market.

It is essential that the Governor pursues the investigation to its logical end and ensures that the justice is done to those who have lost ranks due to the operations of this racket. It is important to find out for how many years this racket has been going on and identify its beneficiaries. We shouldn't forget that the CID had acted only because of the interest shown by the Governor in unearthing the scam. ♦

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Is Congress ahead of TRS?

I would like to take this opportunity to express my agreement with your last week's cover story that it appears Congress is ahead of TRS in the Telangana region as the congress party seems to be successful in propagating that it is the congress party under the leadership of Sonia Gandhi and Rahul Gandhi who played vital role in creation of Telangana state and despite so much pressure from the Seemandhra congressmen, the congress leadership

derabad district. On the other hand, the BJP in the company of TDP appears to give a tough fight to both the Congress and TRS. I believe that KCR will repent in future as he rejected the alliance offer from Congress and congress will not leave any opportunity to teach a fitting lesson to KCR and its TRS at the right time.

Bhanu Prasad, Malkajgiri

Which way MIM is going?

Your last week's article on the prospects of MIM was a good piece and it rightly analyzed that now MIM has no friends either in form of congress or YSR congress party which is almost a discarded party in Telangana region. It appears there would only be some sort of understanding between MIM and congress and the decades long relationship came to an end. On the other hand the BJP appears to be strong in Hyderabad city and pose to win few Assembly seats as well as the Secunderabad Parliament seat and will give a stiff competition to MIM in few seats like Karwan, Malakpet, etc.

MIM has not given seats to two sitting MLAs of Karwan and Nampally and the MIM candidates from these seats appears to be weak and surely giving an upper edge to its opponents. It seems the honeymoon is over and a tough time is ahead for MIM in the Telangana state.

Srinivas Rao, Musheerabad

Can Modi-ism be a boon or bane...

With the elevation of Narendra Modi as the BJP's Prime Ministerial candidate from BJP, it is being predicted by many opinion polls that NDA is going to take the reigns of power from the present UPA and push the UPA to a weaker position with not more than 130 MPs. The BJP is surely got succeeded in creating an atmosphere in favour of BJP in the name of Narendra Modi and presenting the Gujarat model development to the whole nation. On the other hand, the congress party is trying to exploit the 2002 Godhra incident politically and



do political damage to Modi in any form. But with the opinion polls and surveys being conducted by many organizations it appears Modi is far ahead and Rahul Gandhi has to wait for some time to come into limelight and occupy the PM's chair. All the best Modi Ji.

Dhirender, Ram Nagar

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saw the Telangana Bill passed in both the houses of Parliament. I feel that TRS is strong just in two or three district such as Warangal, Karim Nagar & few segments in Nizamabad appears to be strong and elsewhere it lacks cadres at grass root levels. It would not be a surprise to see that TRS not winning even an assembly seat in Hy-

Unveiling the myths about Delhi's Grand Aura

By Clairvoyant A Sundararajan

One evening in the spring of 1630 A.D., a young prince set out in his royal palanquin for an outing around his capital, Shahjanabad – Old Delhi. As he passed through Chandni Chowk, he had a close view of certain shocking personalities – deformed faces of middle-aged women with blunt noses and cut ears, “Who are these nose less folk?” he asked his commander.

“They are punished ‘sirens’ for their waywardness and promiscuity outside wedlock. It is a time-honoured tradition in this land to spite an erroneous woman’s face since the Ramayana period, wherein the earliest reference to Lakshmana chopping off the nose and ears of the demonic damsel, Surpanakha, for trying to entice his brother Sri Rama, is found,” came the reply. Notwithstanding such rationality, the teenage prince directed his palanquin to return to his place deeply disturbed by the inhuman cruelty.

Years later, the young prince became Aurangzeb Alamgir, the sultan of Delhi, on July 31, 1638. On the same day of his coronation, he issued an order appointing a censor of public morals (Muhtasib) to put down such cruel practices of punishing meretriciousness. Soon the ban swept the entire Moghul Empire and the millennium-old ethical infliction was abandoned throughout India. Looking back after a long span of 350 years, it seems highly amazing today, how the idiosyncrasies of Indian eternities are merging into the hi-tech modernity’s of today. The secret mastery of Indian monarchy is in the red magnetic aura of Delhi. From the Aravalli headlands to the banks of Yamuna, Delhi is blessed with a power - “Aagna Yoga”. The “High Command” of Delhi is acknowledged and accepted by the populace of India. Like the healing power of the Ganga, the subtle magnetic aura of Delhi integrates the masses, constantly transforms their diversities and confers an individual identity to the national life as a whole.

The aura of Delhi since Mahabharata

Discover Delhi, you discover the secret of India’s ‘Unity in diversity’, the hidden secret in a region-by-region ramble through its 28 States and 6 union Territories. Delhi though not located in the centre of India, has been the capital city of a succession of mighty empires, from the time of Mahabharata. The magnetic aura of the city may be attributed partly to the collective intellectual life of the royal personalities, emperors, monarchs and potentates, who ruled the people from this city of destiny.

The Pandava princes, who had built



their fort here on a huge mound, had consecrated their empire’s capital Indraprastha with Vedic hymns and rites after performing yagnas like the ‘Aswamedha, Rajsuya Vajapeya’ and the like under the direction of Lord Krishna. The purana Qila, the remnant of this glorious past, still breathes with this high density vibration and inspires every visitor. Jawahar Lal Nehru, the first Prime Minister of free India, recalls his unforgettable memorabilia of the Purana Qila. “Even the stones here whisper to our ears of the ages of long age and the air we breathe is full of the dust and fragrance of the past, as also of the fresh and piercing winds of the present,” he said.

Clairvoyant observations

Clairvoyant search into the energy phenomenon of Delhi traces its source to the Pandava Fort: The fountain of red magnetic outpourings constantly radiate at all times six cycles every second, from the power-base of the Purana Qila. The high density of this red energy field sprawls to an area of 70 square miles from here. Struck by this strange phenomenon during my first visit to the Capital in May 1990, I addressed a Delhi audience on the unseen dynamics of Delhi, the power spot of India.”

Every chair in New Delhi is as powerful as the throne of the Sultan, the power seat of President of India or the Prime Minister’s seat of authority, because the brilliant hue of red energy --- the omni competent Aagna Yoga --- the power to rule the populace of India is supercharged in the atmosphere of New Delhi. You are breathing that royal power and any command from you shall be carried to the far corners of the land and bring you back what you had ordered forth---no matter whether what you

desired should occur in Kashmir or Kanyakumari, in Goa or Calcutta, in a remote village of Adivasis or in the centre of a busy metropolis --- from any nook and corner of the subcontinent.

Experiencing the power of aura

This unchallengeable power of Delhi can be practically demonstrated to yourself in the study corner of your room. Breathe in fully the power of India, hold the breath for a second or two, pack this in-drawn energy with the ‘high power ‘command --- think strongly what you aspire to achieve --- and slowly breathe out, mentally directing this discharged power packet towards the persons concerned. Test this unseen power around you. Scrutinize this supremacy of power spot doctrine in as many ways as may be necessary to convince yourself, by listing hundreds of super-telepathic commands. If any of your commands reverses or accepted without any follow-up action there to, you can dismiss this magnetic aura of Aagna Yoga, the central command of Delhi controlling the destiny of 1200 million populace of our country. Alternatively try this test in any other city of our country --- Madras, Bombay, Calcutta or anywhere. Confirmations or denials of this phenomenon are solicited for further analysis.

In the past several years, several confirmations came forth: Political reports what an infinite variety of socio-economic activities were justifying the Delhi Durbar through the mass media. Personal reports from the residents of Delhi overwhelmingly attested to the rhapsody of hope, Khushwant Singh in the ‘Sunday Observer’ way back (May 12, 1991) referred to my claims in his weekly column under the heading “Seeing the

Invincible”. Thus, Delhi has for many, many centuries exerted a powerful influence on the history of the country “; Reviewing the chronicles of Delhi history of the Sultanates, the rise and fall of the dynasties seem to be paradoxical to the power of the Capital. As the power base of the Capital became intense and expansive, the people in power had become infinitesimal, completely dominated by the rulings it had created.

In free India, the subtle unifying influence of New Delhi has become an invisible part of the Constitution of India so much so that even decisions detrimental to the interests of the public are acceptable to the populace. The demonetization of the thousand rupee currency notes, the abolition of the privy purses and privileges of the Maharajahs, the imposition of Hindi as the national link language and the like may be listed to account for this kind of strange psychodynamics of the capital.

Against these few exceptions of mass dissatisfactions, the Delhi Durbar has offered much that is positive: A sophisticated administrative structure, a well-equipped bureaucracy, a large supply of educated man-power, considerable transport and communications network, sophisticated industrial base that has placed India among the top 20 industrialized nations of the world. But the most phenomenal achievement is the political survival and stability despite the age-old maze of social and economic contradictions that we have inherited. In the eyes of a foreign tourist, Derula Murphy, it is like the famous ‘Rope trick of India;

“The Indian kaleidoscope depicts tigers, elephants, monkeys, snakes, jungles, ice-peaks, polo riots, famines, spacious shady cantonments gardens, thronged pungent bazaars, creaking punkahs, unhygienic zenanas, devious lawyers, stupid babus, crafty Brahmin priests, romantically uniformed native regiments (occasionally treacherous, usually gallant, deferential servants (some dependable, most shifty), shocking temples crowded with perversely lecherous gods and goddesses, ruthless zamindars, cowed peasants, emaciated coolies sleeping on pavements, obese maharajahs dwelling in gilded palaces, trigger-happy (but sporting tribesmen on the Frontier, cunning money-lenders, pompously opulent darbars, sinister Hindu rites, bloody Muslim processions...” all this is made to seem miraculously orderly and durable, thanks mainly to the mysterious power of Delhi. ♦

(The author is a practicing Clairvoyant based out of Chittoor, AP) editor.deccanpost@gmail.com

How well do we *sleep*?

By Jaywant Naidu

Almost a third of workers in India report that they have to sacrifice sleep to fit in both personal as well as work commitments, either by waking up too early or by burning the midnight oil. Although flexible working is highlighted as a way to reduce commuting, creating more hours in the day for sleep or family life, improving productivity and staff retention, only 65 firms are rewarding the management for encouraging the creation of a flexible workforce.

Globally, a fifth (22 per cent) of the workers feels they have to compensate for time taken off for personal matters. Workers highlight a shorter commute (41 per cent) and location flexibility (36 per cent) as the way out that enables them spend more time with their families. Businesses can benefit too, as flexible work is thought to improve productivity (69 per cent) and help staff retention (84 per cent). Allowing employees to work closer to home in professional and fully efficient environments can have an important impact on family life and provide workers with a few more

minutes' each morning.

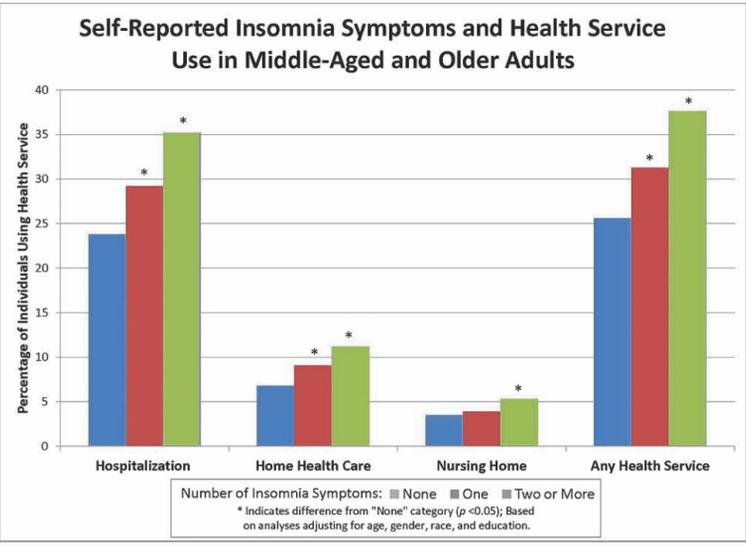
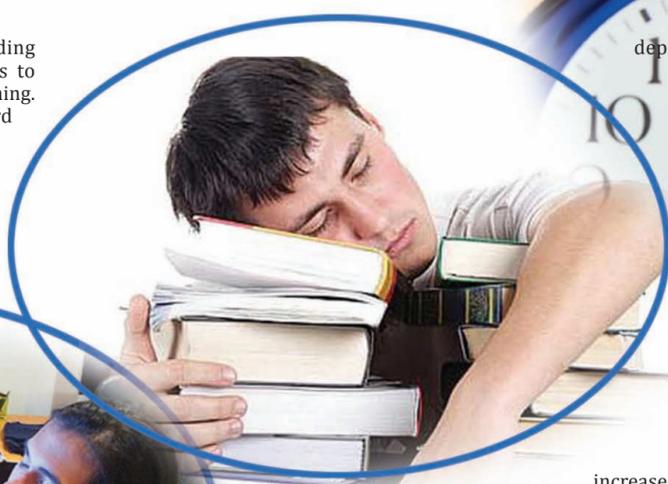
Yet, in spite of the win-win benefits that flexible working can bring on to both the employee and company side, there is evidently still plenty of grounds for improvement as 40 per cent of Indian firms do not recognize or reward managers for encouraging the creation of a flexible workforce.

WHAT DISTURBS SLEEP?

Alcohol acts as a mild sedative, but the biggest culprit for interfering with sleep is a heavy night drinking. Alcohol acts as a diuretic, increasing urine production and waking us with a full bladder. It also impairs breathing and makes sleep shallower. Many drugs, including anti-depressants, some asthma drugs,

heart drugs and even certain antibiotics, may contribute to sleep problems. Wheezing and breathlessness are important signs of an asthma attack, often exacerbate at night, keeping sufferers awake. Certain medications used to prevent and treat asthma, such as Theophylline (Lasma, Nuelin) and Prednisolone, may cause insomnia. One of the most grumbled about causes of insomnia is snoring, but it's the person who hears it that has the problem, rather than the snorer himself. Having a partner who snores (or being exposed to any loud noise, such as traffic or

worry preventing us from nodding off or depression is causing us to wake up unduly early every morning. Exercise is a double-edged sword when it comes to insomnia. Regular exercise is known to be good for helping people sleep properly, but vigorous exercise during the evening can prevent sleep. This is



aircraft) can seriously impair your ability to fall and stay asleep. Caffeine, a stimulant found in tea, coffee, colas and chocolate, is another common cause of insomnia. Insomnia is common in people whose daily intake exceeds 600 mg of caffeine a day - and each tea or coffee contains 80-150mg. 'If a hot drink is part of your winding-down routine, make sure that it's caffeine-free. Stress is possibly the biggest single cause of insomnia, causing millions of us to lie awake every night worrying. Our state of mental health is intrinsically linked with sleep problems, whether its

because exercise raises the metabolism and encourages the production of adrenalin and other stimulant hormones. If you want to get a good night's sleep, do your exercise during the earlier part of the day, and at least four hours before bedtime. A sumptuous dinner often makes us feel sleepy; it's not always a good idea to pack in a big meal too close to bedtime. Apart from the rumblings of your stomach trying to digest your food, it can be uncomfortable lying down with a full stomach. But going to bed hungry is just as likely to cause problems, especially if your blood sugar levels are unduly low. Certain heart drugs, such as Digoxin and Amiodarone (Cordarone X), commonly cause sleep problems, while other heart problems, such as palpitations or irregular heart rhythms could be frightening (especially at night) and prevent us from sleeping, but can occasionally be the first sign that

something else is going wrong. There are many calming herbal remedies to help us sleep more easily, but some herbs may have the opposite effect, keeping us awake when we'd rather be asleep. Ginseng, for example, acts as a stimulant to our bodies, and all stimulants can interfere with our regular sleep patterns. If you use herbal preparations that are designed to stimulate mental and physical activity, avoid taking them in the afternoon or evening. Although sleeping tablets are increasingly being prescribed, tablets like Temazepam can actually cause insomnia if they're taken for long periods. The brain becomes more tolerant of their sleep-inducing effects, which means sufferers feel they need to increase the dose to combat their increased sleeplessness.

DAMAGE TO BRAIN:

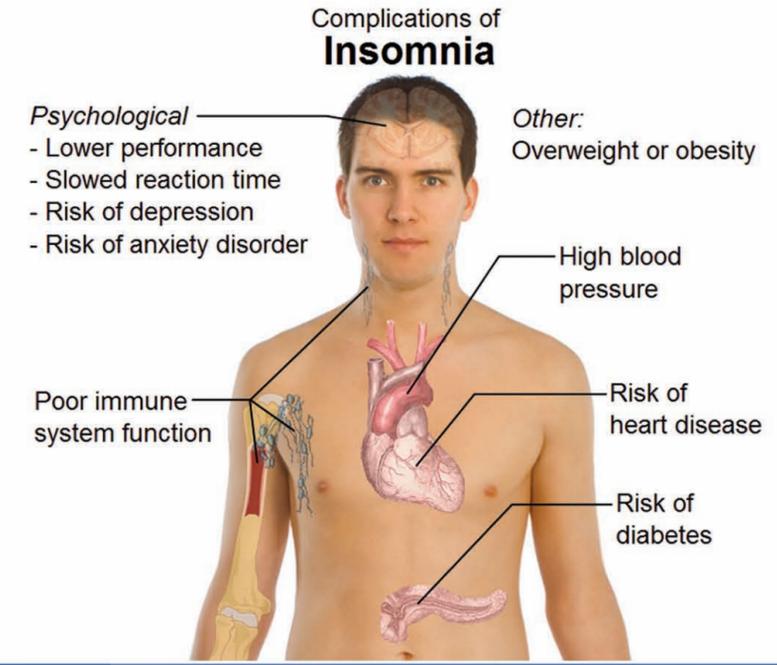
Lack of a good night's sleep may damage your brain in a similar way to being hit on the head. The study from Uppsala University, Sweden, shows that one night of sleep

increases morning blood concentrations of molecules NSE and S-100B in healthy young men. These molecules are typically found in the brain. Thus, their rise in blood after sleep loss may indicate that a lack of sleep may result in loss of brain tissue. Fifteen normal-weight men participated in the study. In one condition, they were sleep-deprived for one night, while in the other condition they slept for approximately for eight hours. It was observed that a night of total sleep loss was followed by increased blood concentrations of NSE and S-100B. These brain molecules typically rise in blood under conditions of brain damage. Results indicate that a lack of sleep may promote neuro-degenerative processes.

SLEEP FOUNDATION:

America is host to an organization National Sleep Foundation (NSF) (www.sleepfoundation.org;) that works in the area of sleep. NSF encourages all individuals to make informed decisions about their health, safety and well-being by consulting with health professionals and other reputable sources before making significant lifestyle changes, including but not limited to alterations in sleep habits, diet and exercise. ♦

Are we having adequate sleep?
editor.deccanpost@gmail.com



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Sri Kodandarama Swamy Temple Brahmotsavam with Chakrasnanam



The nine-day Brahmotsavams of Sri Kodandarama Swamy Temple concluded on a religious note with Chakrasnanam at the Kapilateertham temple tank here on Saturday.

TTD JEO Sri Pola Bhaskar, who graced the occasion, told the media persons that the KRT Brahmotsavams were conducted on a colourful note with tens of thousands of pilgrims thronging Tirupati to witness the grandeur of Lord Sri Rama on different diurnal and nocturnal Vahanams. "The Ramakoti, Srimadramayana Gosthi too elicited huge response from the pilgrims which is a very welcoming aspect", he added.

He said every temple has its own historical and mythological significance. "So we are putting all efforts to organize the annual religious events of each and every sub-temple of TTD on par with Sri Tirumala temple", he maintained.

LAUGH OUT LOUD

Hathi aur cheeti ped par baithe hue the. Achanak hathi ped par se niche gir gaya. Gusse mein woh cheeti ki taraf dekhne laga.

Cheeti: Meri taraf gusse se mat dekho. Iss baar meine dhakka nahin diya. 'Gravity' bhi koi cheehi hoti hai!

Hathi aur Cheeti mein kya fark hai?

Cheeti hathi ko kaant sakti hai, lekin hathi cheeti ko nahin!

Ant: What do you call a 100 year old ant?

Elephant: An antique!

Elephant: Come on, Ant, I will take you to the zoo.

Ant: If the zoo wants me, let them come and get me!

One day elephant and ant were playing hide and seek so elephant told ant to hide and then ant hide. So then elephant tried to search him everywhere then the elephant find the ant. Mr. ant asked elephant that hey elephant how did u find out that i m here and then Mr. elephant said i saw ur slippers out so thats y i get to know.

HEALTH TIPS

Wonders of Watermelon

No backyard barbecue would be complete without some refreshing watermelon. This summer fruit has more to offer than the raw material for a seed-spitting contest. Here are five great things about watermelon:



1. Red, juicy watermelon is high in the super antioxidant lycopene. Lycopene can be found in few other red and pink foods, including tomatoes and pink grapefruit, and it looks like it might play a significant role in preventing certain kinds of cancer.
2. Watermelon is beneficial to the skin and aids in the regenerative process. Eating the melon has benefits, but you can make a toner with it too. What else are you going to do with all the post BBQ melon?
3. This red melon is a low calorie food and one cup of melon balls contains just under 50 calories. It is also high in vitamin C.
4. It lives up to its name: cooling food during the dog days of summer.
5. Surprising new research out of Texas (the largest producer of the seedless variety of the melon) indicates that watermelon has an effect on the human body similar to Viagra. The big red fruit cannot completely replace the little blue pill, but it does contain citrulline, which jump starts production of a chemical compound that helps relax the body's blood vessels, similar to Viagra. Melon, however, is just not "organ specific" and can benefit the entire cardiovascular system. However, citrulline is found in higher concentrations in yellow watermelon, not red. Looks like you can't get your lycopene hit with the benefits of citrulline.

ASTRO FOCUS

ARIES: Working according to family's suggestions would immensely help you in your efforts. Good things will happen if you put your time and effort into what really counts. Your active and exploring nature will put you in a position higher. Difficulties with your spouse will surface if you are not discreet in your behavior. Romantic life in particular needs a special care to bloom the beautiful flower of love.

TAURUS: Professional plans might disrupt as past mistakes create some confusion. Failure in playing cards well would invite monetary loss. Think twice before taking any major decision. You will put in efforts to bring back cordial atmosphere at domestic front. Time and attention is required to make romance more meaningful.

GEMINI: Students make sure you prepare yourself to work hard with a planned strategy. Support from friends and associates will be immense. Participation in family functions and social activities will bring you joy and happiness. A timely solution will bring happiness at home. It may give you a chance to meet someone new or bring new life to a current relationship.

CANCER: Do not let your negative thoughts make you miss some of the brilliant opportunities that will come your way. Friends and relatives would do favors and you would feel happy being in their company. Believe in yourself and put in the extra effort as by this you are sure to get out of any tricky situation. Good things will happen if you put your time and effort into what really counts.

LEO: There are signs, which indicate that a deep urge to explore new horizons will raise your career graph. It would be better for you to plan strategies and implement them. Take advantage of creative business ideas that strike your mind this week. Do not promise something, which you can not do especially at romantic front.

VIRGO: Workplace would require some extra efforts to succeed. Conservative investments will enable to earn profits. Good week to oblige people whom you feel could prove important in future. Physical awareness drive will start showing positive results. You must prepare yourself for minor changes. Make sure you spend time to know and understand romantic partner.

LIBRA: You will be busy in making your future plans. You will try to balance family and workplace. Some of your friends and relatives will be visiting your place this week. You might fail in achieving set target as your policy of persuasive communication skills does not work well. Computer professionals, looking for an overseas career are likely to get an opportunity to fulfill their dreams by the week's end.

SCORPIO: The first half, in particular promises a good time when you are likely to fulfill milestones. The employed will get opportunity to elevate their professional career further. Those who are seeking job would get a chance to grab something big. Take partner into confidence before doing anything to keep the lovely bond intact.

SAGITTARIUS: You are likely to get into a big opportunity for progress. Your work will give you satisfaction. Happy news from a friend or a close relative will boost your spirits and bring cheerful moments. You can expect wonderful results in your career. Those doing job need to maintain harmony with their colleagues. Be cautious from your adversaries. Make proper use of your time.

CAPRICORN: Teamwork, rather than attempting to go alone, will bring better results. You should be serious in your project work as it has the potential for long-term benefits. You just might start thinking of new career and job options. You could feel a little longing this week, thinking about romance from the past or dreaming about love, which is yet to come.

AQUARIUS: Your positive attitude at work would open new avenues for you and the your hard work would not go unnoticed. Any move to change the jobs may be stalled for time being. You may have to maintain cordial relations with everyone especially with your spouse as difference of opinion are likely to crop up. People would look to you for advice.

PISCES: Happy news from a friend or a close relative will boost your spirits and bring cheerful moments. You have a lifetime dedication for the thing that you believe in. Subtle changes are bound to take place in you, both within and outside. It is possible to touch someone's heart and still keep your own. Avoid sharing your secrets with others.

SUDOKU 316

	7		1	6	3		9	5
6	5	9	2			3		1
	1	8		9	5	2		6
		3	6		8			7
9		6	7		1	4	3	8
5	8		9	3	4	6	1	2
8	6	5	3		9	7	2	4
4		2			6	1		
	9	1	8	4	2	5		3

How to play : Fill in the grid so that every horizontal row, every vertical column and every 3x3 box contains the digits 1 to 9, without repeating the numbers in the same row, column or box. You can't change the digits already given in the grid. Every puzzle has one solution.

ANSWERS Sudoku-315

9	8	7	3	1	2	4	6	5
5	1	4	6	7	8	3	2	9
6	3	2	5	4	9	1	7	8
2	4	8	1	6	5	7	9	3
1	9	3	2	8	7	6	5	4
7	5	6	4	9	3	8	1	2
4	7	5	8	2	6	9	3	1
3	6	1	9	5	4	2	8	7
8	2	9	7	3	1	5	4	6

Answer 315: G. Ramakrishna, Shivam Road

www.sudoku-puzzles.net

Learn art from the right teacher, right school

Artist Sayyad Shaiek spoke to the Deccan Post on the eve of his exhibition at Rainbow Art Gallery, Hyderabad.

How did painting come in your life?

Since my childhood, drawing has been my enduring passion. If I get a piece of charcoal, I would draw on the compound walls of our house and our neighbor's house. My father would scold me and also beat me for this. Slowly I came to know about the arts colleges around our place and applied for BFA in Andhra University. I had many guides like V.Ramesh, Ravishankar Patnaik, G.Ravinder Reddy, Maheshwar Das and Sudhakar Reddy. Then I came to Hyderabad and did my MFA from University of Hyderabad under the guidance of D.L.N.Reddy, Alex Mathew and Shyamsunder.

Is the field of painting remunerative?

Since my student days I never really depended on art for a living. I even worked as a temporary door to door salesman and sold leather products.

Here, I realized that we need to market and sell our products. Working in studio alone will not help. There is always a need to continuously let the prospective buyers get knowledge about our work and thought process. Even I spent time wandering on roads thinking

about my future life.

How was your experience working in an Art Gallery?

I had a very good time when I worked and curated shows in the Chitramayee State Gallery of Fine Arts. There was a time when we introduced the concept of low cost 'Art Mela'. This concept clicked at a time when the entire boom in the art market had gone bust and there was a slump in sales all around India. The Art Mela had record sales as everyone was able to afford art at very reasonable price.

What is your favorite medium of work?

I normally work in the medium of water colors. I have also done pen drawings, charcoal drawings, print



making and mixed media. Each medium has its challenges, advantages and disadvantages.

What are the recent trends in Art?

There is lot of digital art which is getting mixed up into the traditional area. Today every artist is more interested to sell in haste than even understand the tradition or concepts.

The prices are huge and the expectations are high. The genuine buyers do not have any reliable source to guide them and are mostly ill-informed about the nitty gritty of the Art field. Buyers could get misguided and disheartened on making the wrong purchase.

Are you happy with your decision to take up Art?

It's been my dream and passion. Nothing in life is bigger than Art. I am enjoying every moment of it.

What is your future plan?

Work, work and work. There is a need to interact with many artistes and also organize art exhibitions and art camps. Buyers should also get knowledge about the art and artistes. It is very important that they acquire the art works at the right price. The buyers should not feel exploited. There is a need to also create awareness among them about the latest trends in the art world. ♦

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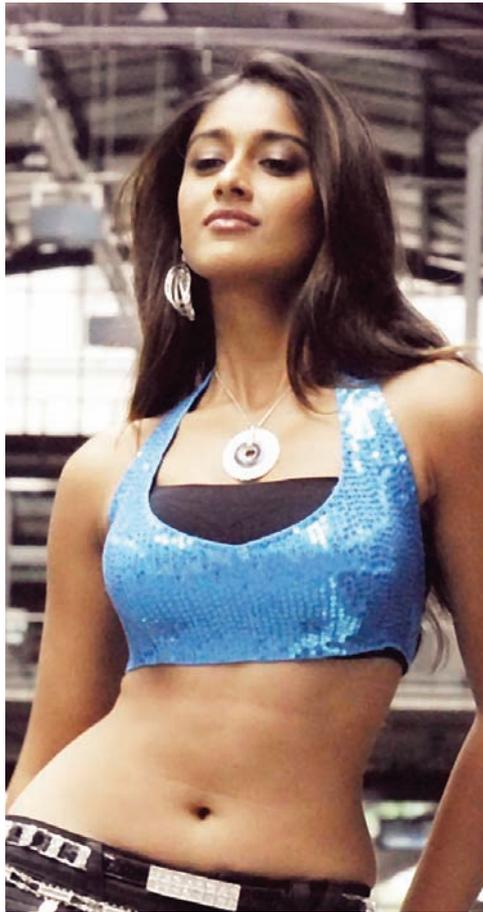


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Ileana, too hot to handle!

Sexy beauty with hour-glass physique, Ileana is making all the right moves in Bollywood. After making debut with 'Barfi', Ileana has now played to the galleries in her latest film 'Main Tera Hero.' This is a remake of Telugu hit 'Kandireega' and is directed by veteran David Dhawan.

Main Tera Hero has been getting rave reviews from all the noted critics. Audience response is very good too. This film will surely give Ileana a handle to enter into the big league of Bollywood. Ileana's performance and looks are

being lauded by one and all. She is pitted against another stunning beauty Nargis Fakhri in this film.

Ileana just outclassed Nargis in every department, which understandably is no mean task. Ileana has been saying that 'Main Tera Hero' will take her close to the masses and she has got it right. Her experience in Tollywood, it appears, is standing her good stead. Not many South imports in Bollywood have mastered this art.

Sunny Leone and her husband got fooled?

**hot &
SPICE**



Adult actor-turned Bollywood star Sunny Leone, who is riding high on the success of her recent film 'Ragini MMS 2,' wasn't very pleased or rather we should say, extremely angry after she came across an article which spoke about her split with hubby Daniel Weber. Apparently, on April 1, which is the All Fools Day, a website has said Sunny Leone was not very happy in her marriage and so she and her husband were heading for a divorce. Now while the article was a part of the April Fools joke, the story did not carry a disclaimer, and so it looked very real.

The website quoted Sunny as saying "I am facing an extreme low in my life. After

splitting with Daniel, I am now looking for an Indian life partner as I believe they remain committed to their love for the whole life." Well, the happily-in-love couple which is presently in the US, was shocked and really angry when the article came to their notice. Sunny immediately took to Twitter rubbish-ing such rumors.

-DP Desk



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Investor hopes of stable Govt

By Our Correspondent

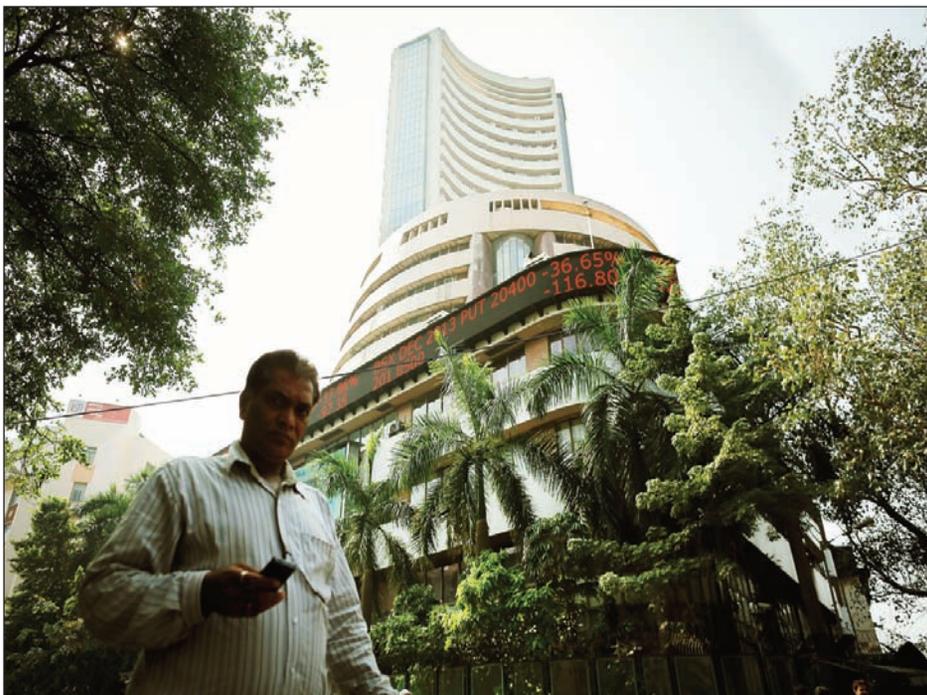
Both the bellwether indices, Sensex and Nifty, failed to maintain their all-time highs despite sustained capital inflows. The Sensex resumed up at 22,423.14 and shot up further to hit an all-time intra-trade high of 22,620.65 on strong buying on the back of persistent foreign capital inflows.

However, the S & P BSE benchmark declined afterwards to end at 22,359.50 on tail-end profit-booking, still showing a gain of 19.53 points, or 0.09 percent.

However, the NSE 50-share Nifty settled at 6,694.35, a tad lower from the last weekend's level of 6,695.90 after logging a fresh lifetime intra-day high of 6,776.75. Brokers attributed the rally to investor hopes of a stable government after the forthcoming general elections and economy returning to high growth path.

The Reserve Bank of India (RBI), at its April 1 policy meet, left the short-term lending rate, or repo, unchanged at 8 percent and cash reserve ratio at 4 percent. Brokers said the RBI's decision was largely in line with investor expectations and failed to have any major immediate effect on the market.

Foreign institutional investors (FIIs)



continued their buying spree, acquiring shares worth a net Rs 5,124.66 crore during the week, including the provisional figure of April 4, as per SEBI data.

The Indian rupee ended stronger on Friday after trading weaker for most part of the session on the back of a re-

treat in domestic shares from record highs and caution ahead of the U.S. monthly jobs data.

Lack of large demand and foreign bank selling of the greenback in late trade helped the rupee notch up some gains, traders said.

The week, however, was volatile and was also marked by heavy dollar buying by the central bank looking to replenish its foreign exchange reserves and slow down the rise in the rupee.

Latest data showed foreign exchange reserves rose by \$5.04 billion to \$303.67 billion in the week to March 28.

Unitech surged over 5.5% to close at Rs. 15.40 after media reports quoted that Unitech Corporate Parks Plc. (UCP) is in talks with an investor for selling Candor Investments, the holding company for its 60% interest in the six real estate projects.

Shares of Natco Pharma rallied 4% to Rs. 746 after the company clarified in response to speculation as to the role of Natco related to potential launch or pricing of generic Copaxone in the United States (US).

Shares of Venus Remedies were locked at 20% upper circuit to close at Rs. 316.25 after the company received marketing authorisation for meropenem, an antibiotic drug, from Venezuela. ♦

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Note - Investors should be aware of risks in the stock market.

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Addicted to Alcohol or Drugs?

Test for self-assessment of Substance Use Disorder

- Do you ever feel bad or guilty about your drug/Alcohol use?
- Do you need to use drugs/Alcohol to relax or feel better?
- Do your friends or family members complain or worry about your drug/Alcohol use?
- Do you hide or lie about your drug/Alcohol use?
- Have you ever done anything illegal in order to obtain drugs/Alcohol?
- Do you spend money on drugs/Alcohol that you really can't afford?
- Do you ever use more than one recreational drug/Alcohol at a time?

If your answer is "yes" to one or more of the questions, you may have a drug problem

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